



**Central Otago REAP Inc.  
Membership Application Form  
1 January - 31 December 2010**

I wish to become a member of Central Otago REAP.

**Name:** .....

**Contact person (if group):** .....

**Address:** .....

**Email:** .....

**Please find enclosed Annual Subscription of:**

- \$10 (Individuals, Playgroups, Kohanga)
- \$10 (Non Profit organisations)
- \$20 (Kindergartens)
- \$30 (Schools/Businesses)

Membership of Central Otago REAP gives our community members the opportunity to vote at the AGM or stand for the Board

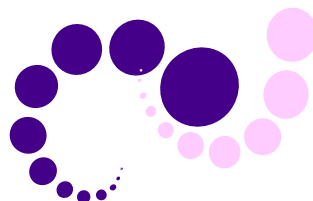
Information including newsletters will also be forwarded to you throughout the year keeping you updated on REAP activities.

**Please return to:**  
*Administration Secretary,  
CO REAP, 17A Brandon Street, Alexandra.*

# Thyme Festival

15 - 22 November

- Working Artists
- Workshops
- Events
- Exhibitions
- Lunch Time Concerts
- Walks
- Gala Night
- Markets
- Talent Quest



[www.thymefestival.co.nz](http://www.thymefestival.co.nz)

Learners are encouraged to provide any information that will meet their learning needs, for example a disability, literacy issue or cultural issue.

A qualified Career Coordinator at Central Otago REAP will be happy to help you with your plans for future employment and/or career path.

The office staff at Central Otago REAP will answer queries and provide access to a variety of community services.

Central Otago REAP, 17A Brandon Street, Alexandra  
Ph: (03)448-6115, Fax: (03) 448-6345, Email:  
admin@coreap.org.nz, Freephone: 0800 267 327



## Food For Babies



**Wednesday 18 November**

**Tutor  
Hiromi Kuroe**



**Venue:** Pioneer Park Pavillion  
Central Stories Museum  
Alexandra

**Tutor:** Hiromi Kuroe

**Cost:** No Charge

**Date:** **Wednesday** 18 November

**Time:** 10.00 - 11.00am



### Learning Outcomes:

By the end of this workshop participants will be able to:

- Make simple wholesome baby food from basic, fresh ingredients
- Learn how to present and store food whilst saving on packaging waste



This is a must for parents who want to reduce their reliance on shop bought food, save money, reduce packaging waste and grow their babies into healthy strong toddlers. Share and learn new ideas on how to prepare baby food from fresh, tasty, basic ingredients and reduce the need to rely on shop bought, highly packaged items.



### About the Tutor:

#### Hiromi Kuroe

Hiromi likes to keep it real! She uses fresh local ingredients, mostly home grown but available widely in the supermarket to make nutritious, wholesome food for her 1 year old son, Haru. She is keen that he will learn and grow up in a world where home made takes precedence over shop bought. Hiromi will share her knowledge and experience and encourage everyone to contribute to the workshop with their experiences. She will demonstrate the basic baby food recipes (some Japanese influenced) that keep her son Haru growing strong and healthy.

## REGISTRATION FORM Food for Babies

Name: .....

Address: .....

.....

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Phone: .....

Email.....

Ethnicity.....

Age Group: 16-19, 20-29, 30-39, 40-49, 50-59, 60+

**Date:** **Wednesday** 18 November

**Tutor:** Hiromi Kuroe

**Time:** 10.00 - 11.00am

**Fee:** No Charge



For further information please contact  
Central Otago REAP, 17A Brandon Street,  
Alexandra.  
Phone: 03-448-6115, Fax 03-448-6345.

**www.coreap.org.nz**  
**Freephone: 0800 COREAP (267 327)**