



Central Otago REAP Inc.
Membership Application Form
1 January - 31 December 2010

I wish to become a member of Central Otago REAP.

Name:

Contact person (if group):

Address:

Email:

Please find enclosed Annual Subscription of:

- \$10 (Individuals, Playgroups, Kohanga)
- \$10 (Non Profit organisations)
- \$20 (Kindergartens)
- \$30 (Schools/Businesses)

Membership of Central Otago REAP gives our community members the opportunity to vote at the AGM or stand for the Board

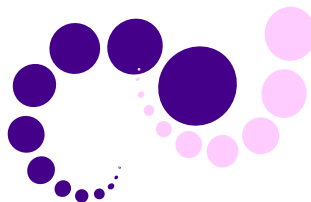
Information including newsletters will also be forwarded to you throughout the year keeping you updated on REAP activities.

Please return to:
*Administration Secretary,
CO REAP, 17A Brandon Street, Alexandra.*

Thyme Festival

15 - 22 November

Working Artists
Workshops
Events
Exhibitions
Lunch Time Concerts
Walks
Gala Night
Markets
Talent Quest



www.thymefestival.co.nz

Learners are encouraged to provide any information that will meet their learning needs, for example a disability, literacy issue or cultural issue.

A qualified Career Coordinator at Central Otago REAP will be happy to help you with your plans for future employment and/or career path.

The office staff at Central Otago REAP will answer queries and provide access to a variety of community services.

Central Otago REAP, 17A Brandon Street, Alexandra
Ph: (03)448-6115, Fax: (03) 448-6345, Email:
admin@coreap.org.nz, Freephone: 0800 267 327



Foraging for Food

Walk, Talk & Sample



Monday 16 November

Tutor
Helen Hillis



Venue: Meet at the Shaky Bridge on the Shaky Bridge Cafe side

Tutor: Helen Hillis

Cost: \$5

Dates: **Monday** 16 November

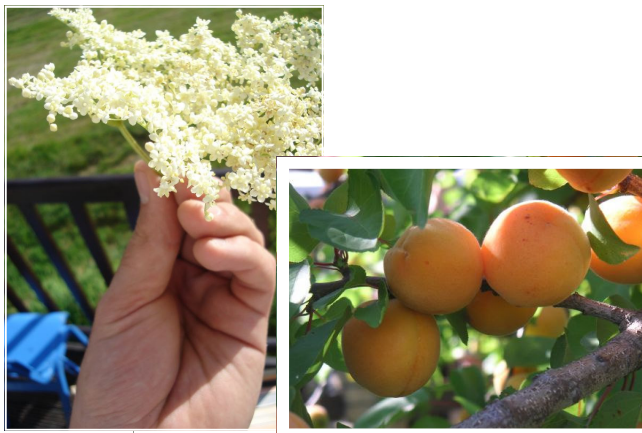
Time: 10am **OR**
5.30pm



Learning Outcomes:

By the end of this workshop participants will be able to:

- Discuss and discover seasonal foraging
- Identify trees, shrubs and herbs that can provide us with free food



Opening our eyes to the food all around us. 1½ - 2 hours of:

- * Walking
- * Talking
- * Gathering
- * Sampling

A wonderful way to keep fit and add to the larder at the same time.

Learn to identify trees, shrubs and herbs that provide food for a snack or the family meal. Some samples could include:

- * Elderflower to apple
- * Asparagus to apricot
- * Walnut to watercress and lots more



Please Bring:

- * A shoulderbag for gathering and also a mug
- * Please wear strong shoes suitable for walking in and also suitable clothing for sun/cold as appropriate

About the Tutor:

Helen Hillis has run a garden maintenance and design business in Alexandra for 12 years, whilst the family garden has been developed over the last 19 years. Helen would love to share with you her knowledge of trees, shrubs and herbs which grow in our natural environment.

REGISTRATION FORM

Foraging for Food

Walk, Talk & Sample

Name:

Address:

.....

Phone:

Email.....

Ethnicity.....

Age Group: 16-19, 20-29, 30-39, 40-49, 50-59, 60+

Dates: **Monday** 16 November

Tutor: Helen Hillis

Time: 10am **OR**
5.30pm

Fee: \$5

Fee Enclosed

Please make cheques payable to Central Otago REAP and forward to Central Otago REAP, 17A Brandon Street, Alexandra.

Full payment is required with registration.

(Please discuss with us if this is not possible).

At least 48 hours notice of cancellation is required for a refund. A 10% cancellation fee will apply to all refunds.

Unless you hear otherwise, your place on this course is confirmed.

For further information please contact Central Otago REAP, 17A Brandon Street, Alexandra.

Phone: 03-448-6115, Fax 03-448-6345.

www.coreap.org.nz
Freephone: 0800 COREAP (267 327)